

Chanting Slokas while taking Medicine

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- 1. Dhanvantarim garutmantam
phaNi ra:jam cha kaustubham |
achyutam amrutam chandram
smare:d aushadha se:vane: ||**

The meaning is that before consuming the invaluable medicines given by God, which protect our life, we must meditate upon Dhanvantari, Garuda, A:di se:sha, Kaustubha jewel, Lord Achyuta, Amruta, and Lord Chandra who support their production.

- 2. Sari:re: jarjari: bhute:
Vya:dhi grasthe: kaLe:bare: |
Aushadham ja:hnavi: to:yam
Vaidhyo: na:ra:yaNo: harih ||**

To that body which has become weak and impotent, this medicine is like the water of the Ganges, and this doctor is a form of Lord Na:rayaNa Hari.